

Tangaza Update

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College Survey Results

As the new counseling services offered by Tangaza College for this year were getting started, several means were used to introduce the services to the student body. First, the counselors visited as many classroom groups within the college institutes and programs as possible.

A full class period was given to presentation, questioning, and discussion. An invitation was also given to the class groups to attend a luncheon where the significant issues of the services and student life would be discussed. Here at the luncheons a survey was distributed for completion as well as for discussion during the lunch time. Very rich insights were aired and eighty five (85) completed questionnaires were returned and compiled statistically and intentionally since discussion suggested that the values implicit in the responses varied within the college. There was an acceptable balance between male and female respondents, religious congregation members and lay persons, and first, second, and third year students.

The first question asked "What are the two most prominent issues for students at Tangaza?" The responses were clear: (1) relationship between religious members and lay students - 73%, and (2) stress of studies and academic life- 35%. The

second question which asked: "what are the main obstacles to healthy college life at Tangaza?" led to a similar response: (1) lay and religious member relations and differences - 43% and (2) financial issues. The dialogue at lunches revealed that the lay students were referring to economic and power relations while religious members were referring to the more human relations. To the suggestion that there be an open forum for discussing these issues, the years were over 95% in favor.



Peer Counselors

To the question of the most attractive and enjoyable aspect of college life here at Tangaza, the majority referred to the intercultural environment or the college and its more "world view" as outstanding. Likewise, in giving suggestions for promoting the counseling services, a majority suggested the development of a "peer counseling program", which suggestion has been taken very seriously. Those of us in the counseling services are most grateful to all students and faculty for the generous and serious response to this survey. *

Have A Problem? Ask The Counselor

Dear Counselor,

Now that we have peer counselors as well as counselors here at Tangaza and available for "counseling" every day, will the level of "listening" at the college improve?

From: I am waiting to feel.

Response

A poem was shared by one of the present peer counselors during the training period. It is taken from "teen times", Nov/Dec 1979: "please just listen - when I ask you to listen to me and you start giving advice, you have not done what I asked. When I ask you to listen to me and you begin to tell me why I shouldn't feel that way, you are trampling on my feelings when I ask you to listen to me and you feel you have to do something to solve my problem, you have failed me, strange as that may seem. Listen! All I asked was that you listen, not talk or do, just hear."

It is our "intention" as counselors and friends to listen attentively and actively. Such listening is a process of communication, non-verbal as well as verbal, which calls for active listening. This will lead to a genuine appreciation and understanding of what the other person is feeling. I believe that this is what you hope for. It is what we all need. May you find it among your peers and mentors. *

Peer Counseling Have Offices

Looking for some listening, some support, some counsel—check out the two offices (2F5 & 2F6) on the ground floor Student Life corridor.

There you will find one or more of the trained peer counselors available to you. The times of availability are posted. Put a check mark next to the person you want to see and come on down. He or she will be there. There are also now posters around the building to indicate the rooms. These volunteers from the various programs and institutes have been through a training program to give the skills and methods of counseling. They have been observed and critiqued and are ready and motivated to provide the service desired. Should you want to check out a photo of any of these persons there is a photo with legend of all of them at each door for you to consult. It is the hope of the counselors that you will avail yourself of their presence and consultation. ✨

Student Life Retreat

By: Stephen Muinde

A formation group of first year Social Communication students requested a retreat Day; which was organized in Mary Ward Centre on 18th March 2006.

The retreat was a wonderful experience for all of us. It was the first of it kind for all of us and it did not disappoint! It was a good reawakening of our Spirits and helped us bond together. In the wonderful environment of Mary Ward Centre, Christine Mwaniki made the experience worth-

while. My colleagues Alex, Sheila, and Phyllis express their gratitude to our patron Beatrice Churu (DPSL), the College, Christine Mwaniki (our host) and Mary Ward Centre for making the student life formation so wonderful. ✨

Another formation group of first year communication students extended their charity to Mother Teresa's Home in Huruma. Tangaza Update appreciate such charitable and humanitarian gesture. Keep it up!!!

PHOTO BREAK!

TANSU Handover

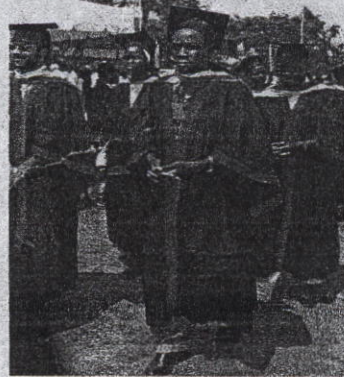


Julie Juma rejoices with friends



The Principal gives the final blessing

Tangaza Day Celebration



The Graduates in Procession

Women's Football Tournament



The winning team poses with coach - Roberto



Both Teams - Religious women & women Staff

Supervisor
Beatrice Churu DPSL

Graphic & Design
Sr. Vivian Atime
Catherine Chumo
Mary Migichi



If you have anything you want the College fraternity to know about, let us know and we will let them know.
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